Population genetics is the study of the genetic variation in the population. Using mathematical and statistical models, molecular basis of genetics, Mendel's laws and modern evolution, population genetics determines how the gene and allele frequency changes over time and the factors which influence it. The study helps to determine populations with a large genetic variation (and therefore more likely to adapt), versus populations with lower genetic variability (and therefore with a lesser possibility of adapting) to environmental changes.

Common Terminology in Population Genetics

- A population can be defined as a group of interbreeding persons that are present together at the same time.
- Genetic variation is the degree of differences seen among individuals such as height, color, etc.
- Genotype is the term given to particular set of genes carried by an individual.
- Gene pool is basically collection of all the genes found in a population.
Genotype and Allelic Frequencies

There are 23 pairs of chromosomes or a total of 46 chromosomes in each cell of the normal human body. Each chromosome is made of several thousand genes which contain the code for protein synthesis. The genes are located on the chromosome at the genetic locus and each locus has two genes, with one inherited from each of the parents. A variant or alternative form of the gene arising as a result of a mutation is called an allele, which is located at the same position as the gene and controls the same characteristic as the gene.

Genotype is the unique permutation and combination of genes in an individual which determines how and which proteins are to be synthesized by that individual’s body. On the other hand, a phenotype determines the external appearance of the individual and is different from the genotype as not all the instructions in the gene are expressed (or synthesized).

Note: The gene pool in a freely interbreeding population is formed by all the alleles of all the genes found in that population. Population genetics studies the allelic and genotypic variation in this gene pool and its influences on succeeding generations.

Measuring Genetic Variation

The mean number of alleles (MNA) is calculated manually to indicate the allele frequency for different populations in equilibrium. It is an indicator of genetic variation when calculated over several loci. A low MNA means low genetic variation which is found in populations who are genetically isolated (inbreeding) or as a result of population bottlenecks or associated with founder effects. On the other hand, if the MNA is high, it indicated greater allelic diversity, probably as a result of crossbreeding.

Variation in gene frequency amongst loci and different breeds is calculated using chi-square analysis, while contingent chi-square analysis helps to determine independent genotypes in all breeds.

The Hardy–Weinberg Principle

In a population at equilibrium, allelic and genotypic frequencies in that population will remain constant from generation to generation.

Godfrey Hardy & Wilhelm Weinberg, 1908

According to this principle, when the gene and genotype frequencies remain constant over generations, the population is said to be in Hardy-Weinberg equilibrium (HWE). This presumes:

- that the population is large,
- that there is no immigration or emigration of individuals in the population,
- that there is no mutation,
- that there is random mating, and
- there is no natural selection.

Mutation, migration, and selection with the non-random union of gametes can influence gene and genotype frequencies. Deviation from HWE can occur as a result of inbreeding, genotyping problems or population stratification. Several statistical methods help to
calculate the deviation.

**Note:** The Hardy-Weinberg (HW) principle is applicable to genes with two alleles - one of which is dominant while the other is recessive.

## Genotype frequency calculation

Assuming that the total genotype frequency is 1.0, the hypothetical frequency of each genotype is calculated as the number of individuals in the population with that genotype divided by the total number of individuals in the population.

<table>
<thead>
<tr>
<th>Genotypes</th>
<th>Number of individuals with these genotypes</th>
<th>Genotype frequency</th>
</tr>
</thead>
<tbody>
<tr>
<td>AA</td>
<td>647</td>
<td>0.82</td>
</tr>
<tr>
<td>Aa</td>
<td>134</td>
<td>0.168</td>
</tr>
<tr>
<td>aa</td>
<td>7</td>
<td>0.011</td>
</tr>
<tr>
<td>Total</td>
<td>788</td>
<td>1.0</td>
</tr>
</tbody>
</table>

**Table 1: Calculation of genotype frequency**

Allele frequency calculation from genotype frequencies: Using genotype numbers, the population allele frequencies can be calculated. The total number of allele copies in the population divided by the total number of all alleles of the gene provides the allele frequency. For example:

**The total number of dominant A alleles in the population above is the sum of:**

\[
\text{Number of AA individuals } \times 2 \text{ (number of A alleles per person) } = 647 \times 2 = 1294
\]

\[+ \text{ Number of Aa individuals } \times 1 \text{ (number of A allele per person) } = + 134\]

\[\text{Total: } 1428\]

Since there are 788 individuals in the population and since they are diploid, the total number of alleles will be 2000

So, the frequency of the dominant allele A in the population will be 1428/1576 = 0.906

And, as the total allele frequency is 1.0, and since there are two alleles, A and a

Derived recessive allele a frequency = 1.0 - 0.906 = 0.094.

## Genotypic frequency calculation from allele frequencies

If the population is in equilibrium, Hardy and Weinberg postulates that it should be possible to calculate genotype frequency from the allele frequencies; if it is presumed that the frequency of dominant allele A = p and recessive allele a = q, then,

- Frequency of the AA genotype is \(p^2\) (homozygous)
- Frequency of genotype Aa is \(2pq\) (heterozygous)
- Frequency of genotype aa is \(q^2\) (homozygous)

And as there are only two alleles and the sum total of three probable genotypes is 1.0,

\[p^2 + 2pq + q^2 = 1\]
For example, using values from the example mentioned above in the formula:

\[(0.906)^2 + 2 \times (0.906) \times (0.094) + (0.094)^2 = 1\]

i.e. \[0.821 + 0.170 + 0.009 = 1\]

The Punnet Square

This is a diagram designed by Reginald Punnet to calculate the probability of a couple bearing an offspring with a specific genotype. For example, consider the trait (phenotype) eye color:

\[A = \text{black color}, \ a = \text{brown color}\]

If the mother and the father have the genotype \(Aa = \text{black eyes}\), then the probability of their offspring having genotype \(AA = 25\%\), \(Aa = 50\%\) and \(aa = 25\%\) which means that three children born to this couple will have black eyes, while one will have brown eyes.

<table>
<thead>
<tr>
<th>Paternal A</th>
<th>Paternal a</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternal A</td>
<td>AA</td>
</tr>
<tr>
<td>Maternal a</td>
<td>Aa</td>
</tr>
</tbody>
</table>

Hardy–Weinberg in Autosomal Recessive Disease

In certain genetic disorders, such as autosomal recessive conditions, the allele is rare and there are more heterozygotes compared to homozygotes. This means that \(2pq\) is much greater than \(q^2\). For example, the incidence of phenylketonuria (PKU) is 1 in 10,000 live births and it is difficult to calculate the number of heterozygotes but, using the H–W principle, it is possible to calculate the number of heterozygous carriers as follows:

\[q^2 = 1/10,000, \ \text{therefore } q = 1/100 = 0.01\]

Since \(p + q = 1\), \(p = 1 - q = 0.99\)

Therefore \(2pq = 2 \times 0.99 \times 0.01 = 0.02\) is the incidence of heterozygous carriers.

Predicting the probability of the progeny having the condition – for example, if the mother has PKU (homozygous) and the father is a carrier (heterozygous and has a 50% chance of passing a recessive allele to his offspring), and then using the above-mentioned calculations, it is possible to calculate the incidence of PKU in their offspring:

\[0.02 \times 0.50 = 0.01 = 1\% \ \text{probability of the couple bearing a child with PKU}\]

Hardy–Weinberg in X-linked Disease

Conditions like hemophilia and color blindness are inherited as X-linked disorders. The allele frequency in these disorders can be calculated by observing the number of males with the conditions as males have only one X-chromosome (hemizygous). For example, consider color blindness and the following table:

<table>
<thead>
<tr>
<th>Sex</th>
<th>Genotype</th>
<th>Phenotype</th>
<th>Incidence (approx)</th>
</tr>
</thead>
</table>

### Factors Responsible for Genetic Variation

The Hardy-Weinberg principle assumes an ideal equilibrium between the genotypic and allelic frequencies without mutations, or genetic drift or natural selection or random mating in a large freely interbreeding ideal population. However, over time, to enable the population to survive, the population’s gene pool can change and the change depends upon several factors which can be classified as genetic factors, environmental factors, and societal factors.

1. **Genetic factors**, e.g. random mating, mutation, genetic drift, natural selection.
2. **Environmental factors**, e.g. diversity in the environment.
3. **Societal factors**, e.g. population size, migration of populations.

### Mating

**Mating can be either:**

Consanguineous mating, mating between relatives or inbreeding is the most common form of non-random mating. This increases homozygosity, decreases heterozygosity, and deviates from the H-W principles. Inbreeding can be harmful with rare recessive alleles becoming homozygous and manifesting phenotypically. Amongst humans, the commonest type of inbreeding is between first cousins.

**Or:**

Stratification occurs when mates are selected from a restricted sub-group.

**Or Assortative:**

in this type of mating, like attracts like and can actually be beneficial.

### Mutation

Mutation is defined as a **structural change in the gene and formation of gene variants which are transmitted over subsequent generations**. Alterations in the DNA or deletion, insertion, or re-arrangement of genes or chromosomes can lead to mutations which are the main cause of genetic variation. They are usually deleterious, but can sometimes be beneficial too.
Illustrations of five types of chromosomal mutations.

- **Deletion**
- **Duplication**
- **Inversion**
- **Insertion**
- **Translocation**
Genetic drift

Random fluctuations during allele transfer from one generation to the next are called genetic drift. This occurs when small populations are formed due to an adverse environment (bottleneck effect) or due to the separation of a subset of the population geographically (founder effect). Genetic drift leads to random changes in allele frequencies over time, but does not lead to deviations from the HW equilibrium like inbreeding.

Bottleneck effect

![Image: Representation of a population bottleneck. Colored balls represent the alleles present in the population. The population numbers 500 initially, but, within five years, the size of the population has dwindled to 50, and, within ten years, to just ten. As a consequence of the population bottleneck, there has been a random drift in the allele frequency distribution and a loss of two of the original five alleles.” by Professor Marginalia – Own work. License: CC BY-SA 3.0]

Founder effect
Natural selection

Natural selection is the process whereby **genotypes, which promote survival of the species in the existing environment, become more common and increase in frequency among reproducing individuals from one generation to the next.** This enables the individuals within the population to adapt to the environmental conditions, survive and reproduce.

The effects of natural selection are directional. The allele can either be beneficial and increase within the population's gene pool, or be deleterious and then disappear from the gene pool. Different population have different habitats, natural selection can create differences among populations through different alleles in different areas.

The best example of this is **sickle cell anemia**: Homozygous individuals with two copies of the mutant gene for sickle hemoglobin (HbS/HbS) suffer from the disease, while heterozygous individuals (HbS/HbA) are carriers of the condition. These heterozygous individuals are known to be resistant to malaria, compared to the homozygous individuals or those with the normal gene (HbA/HbA). This natural selective advantage is responsible for the maintenance of the HbS gene in the population.
Cancer Genetics

Cancer is a disease caused due to changes in our genes. These changes can be due to mutation in the DNA and can be either:

**Inherited changes**, i.e. they are present in the reproductive cells of the ova and the sperm. These are known as changes in the germ line and are present in every cell of the progeny.

**Somatic changes**, i.e. acquired during the lifetime of the individual due to exposure to carcinogenic chemicals, tobacco, radiation etc.

**Oncogenes and Tumor Suppressor Genes**

A single mutation rarely causes cancer. **Multiple mutations over a lifetime accumulate in the genes which determine cell proliferation and apoptosis** leading to the development of cancers. Therefore malignancies are usually observed in the elderly. A majority of the cancers are sporadic, but a few are inherited.

Tumor suppressor genes are genes which control the rate of cell growth, monitor cell
division and repair mismatched DNA. Mutation of a tumor suppressor gene leads to uncontrolled proliferation of cells leading to the formation of a tumor. For example, tumor suppressor genes are \textit{p53}, \textit{BRCA1}, and \textit{BRCA2}. A majority of the cancers are due to \textit{p53} gene mutations and these are usually acquired mutations. Germ cell mutations of \textit{p53} are rare and include Li Fraumeni syndrome. On the other hand, mutations of \textit{BRCA1} and \textit{BRCA2} are associated with a high incidence of hereditary ovarian and breast malignancies.

Oncogenes are genes whose mutations lead to the development of malignancies, for example, \textit{ras} and \textit{HER2}. The \textit{ras} genes control protein synthesis which regulates pathways of cellular communication, cell growth, and apoptosis, while \textit{HER2} genes control growth and spread of cancers, especially breast and ovarian cancers.

DNA repair genes help to repair the errors during DNA duplication, but mutations in these genes can lead to malignancies, especially if the mutation occurs in a tumor suppressor or oncogene. DNA repair gene mutations can be either acquired or inherited e.g. Lynch syndrome.

Cancer Hereditary and Expression Profiling in Prognosis

Genetic microarray analysis is the study of variations in genetic transcription between normal and malignant cells. It helps to differentiate between gene expressions amongst hundreds of genes and create expression profiles of the genes for various types of malignancies. It has revolutionized our understanding of the heterogeneity of malignancies, serving as a prognostic indicator and to develop targeted treatments. For example, expression profiling in breast cancer is useful to screen hormone receptors estrogen/progesterone, \textit{HER2} oncogene amplification and exclude metastatic lymph nodes.

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