There have been remarkable improvements in the drugs, techniques and anesthesia machines being used. As a result, anesthesia is a safer procedure today. The safety features were gradually incorporated into the anesthesia machine over the years following problems and mishaps. Although several safety measures have been introduced in the anesthesia machine, the anesthesia provider bears the responsibility for checking the machine prior to use and for its safe deployment.
The Anesthetic Machine

From simple to complex over 100 years
The earliest attempts to provide anesthesia was by dropping liquid anesthetic (Ether, Chloroform) on a cloth on the patient’s face. The figure shows a more sophisticated device (still used in developing countries where Ether is used), the Schimmelbusch Mask, on which Ether is dripped and dispersed assuring better evaporation and control of depth of anesthesia.

The modern machine

The modern machine is a highly sophisticated device with a number of safety features built in and required for safe administration of anesthetics. Machines are serviced at least annually. The vaporizers are separately calibrated annually. Monitors have become a part of the machine.

Safety Features

There are several international standards specifying the desired and absolutely essential safety features for anesthesia machines. The American society for testing and materials (ASTM) standard covers all anesthesia machines.

Failure of anesthetic machines is a rare event but the providers have to be vigilant at all times to ensure that there are no faults in the machine or in the entire anesthesia delivery apparatus.

The pneumatic systems in the anesthesia machines can be classified as high, intermediate and low-pressure systems. Every single component has a safety feature. A comprehensive description of all the safety features is beyond the scope of this article.

High-pressure systems are composed of cylinders with their yoke assemblies, cylinder pressure indicators, and pressure regulators.

The intermediate pressure systems are composed of an inlet pipeline, a master switch, pressure indicators, pressure regulators, ventilator auxiliary gas outlets, oxygen failure, and oxygen pressure failure devices, oxygen flush and flow control valves.

The low-pressure systems consist of flow meters, hypoxia prevention devices, vaporizers, unidirectional valves, and pressure relief devices.

The modern anesthetic machine: safety features

a. Disconnect alarm
b. Vaporizer failures are extremely rare due to annual maintenance checks and recalibration.
c. Pressure limiters in the circuit prevent barotrauma to the lungs. High-pressure hoses such as the supply hoses from wall to the machine are pin-indexed to the appropriate fitting on the machine and gas tanks on the machine are both color-coded and pin-indexed.
d. All gas supply lines are connected by agent-specific connectors. Vaporizer filling tubes are also agent-specific and prevent the wrong vapor being added to a vaporizer.
e. The ‘standing bellows’ in modern machines minimize the danger of incorrect gas flows.
f. Vaporizers that are positioned improperly (tilted) will not function.
g. Pressure regulators in the machine specific to each gas reduce gas pressure to an intermediate pressure and then to a low pressure before the gas enters the patient system.
h. Pipeline and gas tank pressure gauges are prominently displayed on the machine within the view of the anesthesiologist.
i. If there is an oxygen system failure, the machine continues to deliver air (21% oxygen) to prevent hypoxemia.
j. Oxygen flow-meters are always positioned downstream from nitrous oxide or airflow meters so that a leak in the low-pressure system doesn’t dilute the oxygen and result in a hypoxic breathing mixture.
k. The on/off knob on the oxygen flow meter is fluted and bigger than the knobs on nitrous oxide or air flow meters.
l. The oxygen flow meter is made to disable the nitrous oxide flow meter is oxygen flow is set below 21% or there is a failure of the oxygen supply.
m. A stiff button must be pushed on a vaporizer before vapor can be turned on.
n. An interlock system prevents more than one vaporizer working at one time.
o. Scavenging system standards are set by international regulation.
p. An oxygen analyzer, low-pressure analyzer, high-pressure analyzer and spirometer (for monitoring ventilator settings) are standard equipment on all anesthetic machines.

Failure of anesthetic machines is a very rare event now but constant vigilance is necessary to assure there are no faults in the system.

Partial Rebreathing System
- Efficiency and cost savings—environmentally friendlier than older systems

In the figure, “fresh gases” added by the machine are indicated by red arrows. Expired gas from the patient is indicated by blue arrows.
The anesthesiologist sets the machine to deliver more oxygen (usually about twice as much) as the patient is likely to need. The unused oxygen and anesthetic vapors are exhaled and then rebreathed thus saving the cost of excess oxygen of anesthetic. Expired carbon dioxide “scrubbed” from the expired gas before rebreathing occurs.

**Removal of carbon dioxide**

- Re-breathing of carbon dioxide causes acidosis and lowers oxygen content in the lung.

**The “soda-lime” canister**
Expired gas (blue) and fresh gas (red) flows through a soda lime canister. The green gas flowing to the left at the top of the figure is a mixture of fresh gas and exhaled gas from which the carbon dioxide has been removed.

**Soda-lime:**

- Calcium hydroxide: Ca(OH)$_2$ (about 75 %)
- Water: H$_2$O (about 20 %)
- Sodium hydroxide: NaOH (about 3 %)
- Potassium hydroxide: KOH (about 1 %)

**Action of soda lime**

- Removal of exhaled carbon dioxide
- The overall reaction is: CO$_2$ + Ca(OH)$_2$ → CaCO$_3$ + H$_2$O + heat (in the presence of water)
- Water, calcium carbonate, and heat collect in the soda lime

There is a colored dye in the soda lime which changes color when the material is exhausted and indicates it is time to replace the soda lime. Modern anesthetic machines also have monitors which alarm if carbon dioxide is being re-breathed. Baralyme (contains barium hydroxide) can be used instead of soda lime. The heat produced by the scrubbing of the expired gases may be sufficient to cause a partial breakdown of sevoflurane with the release of compound A which causes kidney damage in rats. The recommended flow through the anesthetic machine when using sevoflurane is 2–3 liters per minute to maintain lower temperatures in the soda lime. Excess gases in the circuit are released through an adjustable valve mechanism and are “scavenged” to the outside atmosphere.

**High-Pressure System**

**Gas cylinders**

To prevent the wrong gas from being used, the gas cylinders are color-coded according to International Safety Standards and a PIN index system:

- Oxygen cylinder: black body with white shoulders
- Nitrous oxide: blue
- Air: black and white
- Carbon dioxide: gray
- Helium: brown
- Entonox: black with blue-white shoulders

The same color codes are also used on all the hoses, caps, knobs, connectors and pressure gauges of the respective gases.

The **PIN index system** prevents the incorrect gas cylinder from being attached to the hanger yokes of the anesthesia machine.
**Gas Index PINs**

<table>
<thead>
<tr>
<th>Gas</th>
<th>Index PINs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oxygen</td>
<td>2,5</td>
</tr>
<tr>
<td>Nitrous oxide</td>
<td>3,5</td>
</tr>
<tr>
<td>Cyclopropane</td>
<td>3,6</td>
</tr>
<tr>
<td>O2-CO2 (CO2 &lt; 7.5 %)</td>
<td>2,6</td>
</tr>
<tr>
<td>O2-CO2 (CO2 &gt; 7.5 %)</td>
<td>1,6</td>
</tr>
<tr>
<td>O2-He (He &gt; 80.5 %)</td>
<td>4,6</td>
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<tr>
<td>O2-He (He &lt; 80.5 %)</td>
<td>2,4</td>
</tr>
<tr>
<td>Air</td>
<td>1,5</td>
</tr>
<tr>
<td>Nitrogen</td>
<td>1,4</td>
</tr>
<tr>
<td>N2O-O</td>
<td>7</td>
</tr>
</tbody>
</table>

**Pressure relief devices** are fitted on all cylinders to vent cylinder contents in case there is built-up pressure within the cylinder (with over-filling or mis-filling of gas).

**Pressure regulators** are specific for each gas to provide a constant low pressure to match the anesthesia machine.

### Intermediate Pressure System

**Schrader probe**: to prevent pipelines of different gases crossing over or being connected wrongly, a Schrader socket assembly is fitted only for the same gas.

**Hose pipes**: kink proof, color-coded and flexible hose pipes are used.

**Gas Pipelines at the machine end**: a unidirectional valve at the machine end ensures that a color-coded hose pipe delivers gas specifically to the gas service.

**Pipeline pressure indicators** with color-coded dials are fitted for each gas.

**Oxygen failure system**: A loud audible (minimum 60dB), a non-mutable alarm is sounded for at least 7 seconds whenever the oxygen pressure falls below a certain pre-determined safe threshold. Older machines had the “Ritchie whistle” to alert when the oxygen pressure decreased to 260 kPa or less. The alarm is linked to a gas shut off valve to cut off the patient from anesthetic gases.

**Oxygen flush** is a switch located in a shallow recess. It is activated by a finger to
activate emergency oxygen directly from the cylinder or pipeline. The switch is turned off as soon as the finger is removed.

Low-Pressure System

**Flow meters**: for ease of identification, the knobs (on/off) on the oxygen flow meters are fluted and larger than the ones on the nitrous oxide or air flow meters. In addition, the oxygen flow meters are always located downstream from the nitrous and airflow meters. This prevents a leak in the low-pressure system by diluting the oxygen and leading to a mixture of hypoxic gases.

The nitrous oxide flow meter is set up so that it is automatically disabled whenever the oxygen flow meter is set to less than 21 % or if the oxygen supply fails.

Vaporizers have a stiff button that has to be pushed prior to turning on the vapor. To prevent all vaporizers from working simultaneously, there is an interlocking system to ensure that only one vaporizer works at a time.

The pressure relief device is located between the common gas outlet and the vaporizer. It protects the anesthesia machine by venting gas to the atmosphere if high pressures develop within the system.

**Common gas outlet (CGO)**: newer anesthesia machines often have more than one CGO. Therefore, machine standards ensure that in such machines, only one CGO is functioning at any given time.

**Hypoxia prevention device** ensures that there is a pre-decided level of oxygen flow e.g. the mandatory minimum oxygen flow is 150 -250ml/min.

Scavenging System

There are strict international regulations for scavenging system standards. All scavenging system connections have a 30 mm diameter to prevent any misconnections as airway accessories have 15/22 mm diameter.

**Negative and positive pressure relief valves** are incorporated into the scavenging systems to prevent transmission of high pressures in the breathing system, in case the system malfunctions.

Every anesthetic machine is installed with a standard oxygen analyzer, a low-pressure analyzer, a high-pressure analyzer, and a spirometer.

Monitoring System

**It is mandatory for every anesthesia machine to have the following monitors:**

- ECG: preferably five lead
- Blood pressure cuff: automated and regularly calibrated
- Pulse oxygen saturation monitor
- Carbon dioxide end-tidal monitor which measures the expired carbon dioxide
- Tidal volume and airway pressure monitor

**Other monitors which can be installed depending on the anesthesia provider are:**
Temperature monitor, which is required in the United States
Peripheral nerve stimulator for monitoring the status of the muscle relaxation
End-tidal vapor monitor
Ultrasound to detect pneumothorax or abdominal problems

**Monitors required for high-risk patients include:**

- Invasive blood monitors for blood pressure, central venous pressure, and pulmonary arterial pressure
- Intracranial pressure monitor
- Trans-esophageal echocardiography (TEEC)
- Sensory and motor potentials
- EEG
- Fetal heart monitor
- Uterine contraction monitor
- Cerebral monitors (BIS, cerebral oximetry)

**References**


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